

Anne J. Maheux, M. S.

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EDUCATION

- Expected 2024** **Ph.D. student in Developmental and Social Psychology**
University of Delaware, Newark, DE
Advisor: Sophia Choukas-Bradley, Ph.D.
- 2020** **M.S. in Psychology**
University of Pittsburgh, Pittsburgh, PA
Advisor: Sophia Choukas-Bradley, Ph.D.
Master's thesis: Longitudinal associations between adolescent social media use and depressive symptoms: The roles of appearance-related social media consciousness and gender
- 2015** **B.A. in Psychology**
University of Vermont, Burlington, VT
Honors College Scholar, *magna cum laude*
Advisors: Matthew Price, Ph.D., Dianna Murray-Close, Ph.D.
Honors thesis: Investigation of the relation between PTSD symptoms, self-compassion, and social support

HONORS, AWARDS, & SCHOLARSHIPS

- 2020** National Science Foundation – Graduate Research Fellowship: \$138,000
- 2020** Graduate Registration Award, Society for Personality and Social Psychology (SPSP)
- 2020** Psi Chi Mamie Phipps Clark Diversity Research Grant: \$1,500
- 2019** APAGS/Psi Chi Junior Scientist Fellowship: \$1,000
- 2019** SPSP Government Relations Committee Vignette Winner
- 2019–20** Character Lab Research Network: Study proposal accepted
- 2018** Sandra Russ Scholarship, University of Pittsburgh
- 2015** Phi Beta Kappa Honors Fraternity, University of Vermont
- 2015** Donald G. Forgays Outstanding Senior in Psychology, University of Vermont
- 2015** Ronald Suitor Prize for academic travel, University of Vermont
- 2015** APLE Research Award, University of Vermont: \$475
- 2014** APLE Summer Stipend Award, University of Vermont: \$3,000
- 2014** Psi Chi Honors Society in Psychology, University of Vermont
- 2011–15** Dean's List, College of Arts & Sciences, University of Vermont
- 2011–15** Vermont Scholar's Award, University of Vermont

PUBLICATIONS

Maheux, A. J., Zhou, Y., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S (in press). Examining sexual behavior among U.S. transgender adolescents. *Journal of Sex Research*.

***Maheux, A. J.**, *Bryen, C. P., Carrino, E. A., Stewart, J. L., Widman, L., & Choukas-Bradley, S. (in press). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay and Lesbian Mental Health*.

*indicates joint first-authorship

Choukas-Bradley, S., Hipwell, A. E., Roberts, S. R., **Maheux, A. J.**, & Stepp, S. D. (in press). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>

Maheux, A. J., & Choukas-Bradley, S. (in press). Sexuality and mental health. In Morgan, E. M. & van Dulmen, M. H. M. (Eds.), *Sexuality in emerging adulthood*. New York, NY: Oxford University Press.

*Javidi, H., ***Maheux, A. J.**, Widman, L., Kamke, K., Choukas-Bradley, S., & Peterson, Z. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research*, 57, 1100-1107. <https://doi.org/10.1080/00224499.2019.171109>

*indicates joint first-authorship

Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & Choukas-Bradley, S. (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence*, 78: 62-66. <https://doi.org/10.1016/j.adolescence.2019.12.002>

Van Stolk-Cooke, K., Brown, A., **Maheux, A.**, Parent, J., & Forehand, R., & Price, M. (2018). Crowdsourcing trauma: Psychopathology in a trauma-exposed sample recruited via Mechanical Turk. *Journal of Traumatic Stress*, 31(4). 549-557. <https://doi.org/10.1002/jts.22303>

Maheux, A., & Price, M. (2016). The indirect effect of social support on psychopathology via self-compassion and post-trauma psychopathology. *Personality and Individual Differences*, 88. 102–107. <https://doi.org/10.1016/j.paid.2015.08.051>

Maheux, A., & Price, M. (2015). Investigation of the relation between PTSD symptoms and self-compassion: Comparison across DSM IV and DSM 5 PTSD symptom clusters. *Self and Identity*, 14(6). 627–637. <https://doi.org/10.1080/15298868.2015.1037791>

MANUSCRIPTS UNDER REVIEW

Maheux, A. J., Roberts, S. R., Evans, R., Widman, L., & Choukas-Bradley, S. (invited revision). Associations among adolescents' pornography consumption and self-objectification, body comparison, and body shame.

Nesi, J., Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S., Sanzari, C., Widman, L., & Prinstein, M.J. (invited revision). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment.

- Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. (manuscript under review). Picture perfect during a pandemic? Body image concerns and depressive symptoms in adolescent girls during the COVID-19 pandemic.
- Widman, L., Javidi, H., **Maheux, A. J.**, Evans, R., Nesi, J. L., & Choukas-Bradley, S. (manuscript under review). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, porn, and seeking relationships online.
- Carrino, E. A., Bryen, C. P., **Maheux, A. J.**, Stewart, J. L., Roberts, S. R., Widman, L., & Choukas-Bradley, S. (manuscript under review). Equal rights or special treatment? An investigation of U.S. adolescents' definitions of "feminist".
- Rezeppa, T. L., Roberts, S. R., **Maheux, A. J.**, Choukas-Bradley, S., Salk, S. H., & Thoma, B. C. (manuscript under review). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls.
- Evans, R., Widman, L., Brasileiro, J., **Maheux, A. J.**, & Choukas-Bradley, S. (manuscript under review). Examining the link between sexual self-concept and sexual communication among adolescents.
- Roberts, S. R., **Maheux, A. J.**, Ladd, B. A., & Choukas-Bradley, S. (invited book chapter under review). Social media use, body image, and disordered eating in adolescence. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press.
- Nesi, J., Dredge, R., **Maheux, A. J.**, Roberts, S. R., Fox, K. A., & Choukas-Bradley, S. (invited book chapter under review). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.

SELECT MANUSCRIPTS IN PREPARATION

- Maheux, A. J.**, Widman, L., & Choukas-Bradley, S. (manuscript in preparation). Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement.
- Maheux, A. J.**, Carrino, E. A., Bryen, C. P., Zhou, Y., & Choukas-Bradley, S. (manuscript in preparation). Gender differences in the association between frequency of oral sex behaviors and enjoyment of oral sex in hook-up contexts.
- Maheux, A. J.**, Roberts, S. R., Nesi, J., Widman, L., & Choukas-Bradley, S. (manuscript in preparation). Longitudinal associations between appearance-related social media consciousness and depression among adolescents.
- Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S. R., Salk, R. H., & Thoma, B. T. (manuscript in preparation). Self-objectification among gender minority adolescents.
- Roberts, S. R., **Maheux, A. J.**, Bryen, C. P., Carrino, E. A., Thoma, B. T., Salk, R. H., & Choukas-Bradley, S. (manuscript in preparation). Feminist identity among gender minority youth.

Choukas-Bradley, S., Roberts, S. R., **Maheux, A. J.**, & Nesi, J. (manuscript in preparation). The role of social media in adolescent girls' appearance concerns and mental health: A multidisciplinary theoretical perspective.

PRESENTATIONS

†indicates mentee

Maheux, A. J., & Choukas-Bradley, S (2021, February). *What's cool about math?: Gender differences in math motivation relating to adolescents' perceptions of friends', popular peers', and unknown peers' math abilities and beliefs*. Data blitz talk submitted to the Gender Preconference of the Society for Personality and Social Psychology annual convention, virtual conference.

Maheux, A. J., Zhou, Y., Thoma, B. C., Salk, R. H., & Choukas-Bradley, S (2021, February). *Examining sexual behavior among U.S. transgender adolescents*. Data blitz talk submitted to the Sexuality Preconference of the Society for Personality and Social Psychology annual convention, virtual conference.

Roberts, S. R., Salk, R. H., **Maheux, A. J.**, Thoma, B. C., Romito, M., Levine, M. D., & Choukas-Bradley, S. (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents*. Paper talk submitted to the International Conference of Eating Disorders, virtual conference.

Maheux, A. J., Roberts, S. R., Nesi, J., Galla, B. M., & Choukas-Bradley, S., (2021, April). *Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms*. In S. X. Xiao (Chair), Gender today: Advances in gendered nature of children's and adolescents' peer relationships. Symposium submitted to the biannual conference of the Society for Research in Child Development, virtual conference.

Choukas-Bradley, S., Roberts, S. R., **Maheux, A. J.**, & Nesi, J. (2021, April). *Adolescent girls' social media use, body image, and mental health: Proposing a developmental–sociocultural framework*. In S. Choukas-Bradley (Chair), New advances in the study of adolescents' social media use: Theoretical and empirical perspectives. Symposium submitted to the biannual conference of the Society for Research in Child Development, virtual conference.

Roberts, S. R., Ladd, B. A., **Maheux, A. J.**, & Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents' body image*. Poster accepted for presentation at the Society for Personality and Social Psychology annual convention, virtual conference.

Maheux, A. J., Roberts, S. R., Widman, L., Nesi, J., & Choukas-Bradley, S. (2021, February). *Longitudinal Associations Between Adolescent Social Media Use and Depressive Symptoms: The Role of Appearance-Related Social Media Consciousness*. Posted accepted for presentation at the Society for Personality and Social Psychology annual convention, virtual conference.

Roberts, S. R., Ladd, B. A., **Maheux, A. J.**, & Choukas-Bradley, S. (2020, November). *Gender differences in body image disturbances in adolescents: Implications for the tripartite influence model of body image*. Poster to be presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Evans, R., Widman, L., Brasileiro, J., **Maheux, A.**, Spiva, S., & Choukas-Bradley, S. (2020, November). *Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents*. Abstract submitted to the Society for the Scientific Study of Sexuality conference, New Orleans, Louisiana.
- †Ladd, B. L., Roberts, S. R., **Maheux, A. J.**, Bryen, C. P., Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of LGBTQ+ adolescents with bipolar disorder: A qualitative analysis*. Abstract submitted to the Society for the Scientific Study of Sexuality conference, New Orleans, Louisiana.
- Rezeppa, T. R., Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S. R., Salk, R. H., & Thoma, B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women*. Poster presented at the Journal of Clinical Child and Adolescent Psychology's Future Directions Forum.
- Maheux, A. J.**, Carrino, E. A., Bryen, C. P., Zhou, Y., & Choukas-Bradley, S. (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Maheux, A. J.**, Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & Choukas-Bradley, S. (2020, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.
- Maheux, A. J.**, Widman, L., & Choukas-Bradley, S. (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.
- †Henry, H., **Maheux, A. J.**, Thoma, B. C., Salk, R. H., Ladd, B., & Choukas-Bradley, S. (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.
- †Drexler, S. A., **Maheux, A. J.**, Widman, L., & Choukas-Bradley, S. (2020, March). *Adolescent feminist identification and condom use intentions*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.
- †Zhou, Y., **Maheux, A. J.**, Thoma, B. C., Salk, R. H., & Choukas-Bradley, S. (2020, March). *Sexual behavior among transgender and gender non-conforming adolescents*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.
- Roberts, S., **Maheux, A. J.**, Carrino, E. A., Bryen, C.P., Widman, L., & Choukas-Bradley, S. (2020, March). *"Keep the TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

- Received Student Poster Award

Nesi, J., Choukas-Bradley, S., **Maheux, A. J.**, Roberts, S.R., Sanzari, C., Widman, L., & Prinstein, M.J. (2020, March). *Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment*. In M. Zimmer-Gembeck, Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health. Symposium accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA; conference cancelled due to COVID-19 outbreak.

Javidi, H., Widman, L., **Maheux, A. J.**, Kamke, K., Choukas-Bradley, S., & Peterson, Z. (2019, November). *Gender role beliefs and adolescents' attitudes toward affirmative consent*. Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality, Denver, CO.

Maheux, A. J., Evans, R., Widman, L., Choukas-Bradley, S., & Prinstein, M. J. (2019, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms*. Poster presented at the Annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.

Bryen, C.P., Carrino, E. A., **Maheux, A. J.**, Stewart, J. L., Widman, L., & Choukas-Bradley, S. (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Carrino, E. A., Bryen, C. P., **Maheux, A. J.**, Stewart, J. L., Widman, L., & Choukas-Bradley, S. (2019, March). *"They want equal rights, but...": A mixed methods investigation of adolescents' conceptions of feminism*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Maheux, A., & Price, M. (2015, March). *Investigation of the relation between PTSD symptoms, self compassion, and social support*. Poster presented at the annual Anxiety and Depression Association of America Conference, Miami, FL.

INVITED TALKS

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| 2020 | Social Psychology Brown Bag Lecture
University of Pittsburgh
<i>Sexual Behavior, Adolescence, and Gender</i> |
| 2020 | Graduate Student Panelist: Undergraduate Honors Thesis Seminar
University of Pittsburgh |
| 2019 | Social Psychology Brown Bag Lecture
University of Pittsburgh
<i>The Socialization of Adolescent Girls: Links between Gender Roles and Math Motivation</i> |

RESEARCH EXPERIENCE

- | | |
|-------------|--|
| 2019 | Lab Manager
Teen and Young Adult Lab, University of Pittsburgh |
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- Coordinated and ran eye-tracking pilot study with adolescent girls
- Mentored undergraduate and post-baccalaureate lab members in writing and statistics
- Conducted literature search for collaborative machine learning project

2017–18

Research Assistant

Columbia School of Social Work, Columbia University

- Coded focus group transcripts
- Drafted and edited documents for reports and publication
- Observed classroom implementation of STEM programs

2017–18

Research Assistant

Social Intervention Group, Columbia University

- Conducted preliminary research for micro-finance intervention study
- Contacted social service agencies to discuss potential partnership
- Compiled list of possible funding streams and grant opportunities
- Reviewed and edited assessment protocols

2014–15

Research Assistant

Center for Research on Emotion, Stress, and Technology, University of Vermont

- Developed online survey studies
- Conducted participant data collection, including assessments and interviews
- Trained new research assistants
- Drafted and prepared documents for publication

2014

APLE Summer Stipend Awardee

Department of Psychological Science, University of Vermont

- Submitted IRB proposal
- Collected online survey data
- Analyzed data
- Prepared documents for publication

2012–14

Assistant Project Coordinator

Social Development Lab, University of Vermont

- Conducted semi-structured interviews with adolescents
- Administered physiological measures of stress reactivity
- Conducted trainings for new research assistants

TEACHING EXPERIENCE

2018, 2019, 2020

Graduate Teaching Assistant: Experimental Child Psychology

University of Pittsburgh

2018, 2019, 2020

Graduate Teaching Assistant: Developmental Psychology

University of Pittsburgh

2019, 2020

Guest Lecturer: Experimental Child Psychology

University of Pittsburgh

Statistical Analysis using R

- 2019** **Guest Lecturer: Developmental Psychology**
University of Pittsburgh
Adolescence: Peers, Risk, and the Adolescent Brain
- 2019** **Graduate Teaching Assistant: Introduction to Psychology**
University of Pittsburgh
- Led review sessions
 - Assisted students during office hours
 - Mentored undergraduate teaching assistants in professional development
- 2018** **Guest Lecturer: Introduction to Social Psychology**
University of Pittsburgh
Adolescence and Social Media
- 2018** **Guest Lecturer: Developmental Psychology**
University of Pittsburgh
Peer Relations: From Childhood to Adolescence
- 2013–15** **Peer Mentor**
University of Vermont

SERVICE & MENTORSHIP

- 2018–20** **Ad Hoc Peer Reviewer (with mentor)**
- Psychology of Women Quarterly
 - Psychology of Popular Media Culture
 - Body Image
 - Developmental Psychology
 - Journal of Child and Adolescent Clinical Psychology
- 2020** **Other Service to the Field**
- Submission Reviewer, Society for Research in Child Development Conference 2021 (with mentor)
 - Diversity Undergraduate Registration Award Reviewer, Society for Personality and Social Psychology Conference 2021
- 2019–20** **High School Science Mentor**
Pennsylvania Junior Academy of Science
- 2019–20** **Undergraduate Honors Thesis Advisor & Committee Member**
University of Pittsburgh
Student: Laura Boyajian
- 2018–20** **Chair, Outreach Subcommittee**
Department of Psychology Diversity Committee
University of Pittsburgh
- Managed outreach efforts to local organizations
 - Created Diversity Committee Newsletter

- Organized Diversity Speaker Series

OTHER RELEVANT EXPERIENCE

2016–17

Shelter Advocate

Steps to End Domestic Violence, Burlington, VT

- Provided emotional and case management services to victims of intimate partner violence
- Led a weekly support group
- Answered 24-hour crisis hotline

2015

English Literature Teacher

Shanti Bhavan Children's Project, Baliganapalli, Tamil Nadu, India

- Planned and facilitated interactive lessons for middle and high school students
- Led a weekly health class for young women

2014–15

Crisis Advocate

HOPE Works Sexual Violence Hotline, Burlington, VT

- Answered 24-hour sexual violence hotline
- Offered emotional support, options counseling, and referrals

2009–15

Tutor

King Street Center, Burlington, VT

- Tutored elementary aged girls in math, reading, and science

PROFESSIONAL AFFILIATIONS

2019

American Psychological Association, Student Member

2019

Society for Research on Adolescence, Student Member

2018

Society for Personality and Social Psychology, Student Member

2018

Society for Research in Child Development, Student Member

2015

Anxiety and Depression Association of America, Student Member