

SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae

University of Delaware
Department of Psychological & Brain Sciences
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EDUCATION & TRAINING

- 2008 **A.B. in Psychology**, *magna cum laude*, Departmental Honors
Brown University, Providence, RI
- 2011 **M.A. in Psychology**
University of North Carolina, Chapel Hill, NC
- 2015–2016 **Pre-Doctoral Clinical Internship**
Western Psychiatric Institute & Clinic, University of Pittsburgh School of
Medicine, Pittsburgh, PA
- 2016 **Ph.D. in Clinical Psychology**
University of North Carolina, Chapel Hill, NC
- 2016–2017 **T32 Postdoctoral Fellowship**
University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA
Western Psychiatric Institute & Clinic
Clinical Research Training for Psychologists (MH018269-30, PI: Goldstein)

POSITIONS & LICENSURE

- 2020–Present **Assistant Professor**
University of Delaware
Department of Psychological and Brain Sciences, Newark, DE
Clinical Science Program
- 2018–Present **Licensed Psychologist**, License #PS018622, Commonwealth of Pennsylvania
- 2017–2020 **Assistant Professor**
University of Pittsburgh
Department of Psychology, Pittsburgh, PA
Developmental, Clinical, & Social Psychology Programs

AWARDS & HONORS

- 2020 **APS Rising Star**, Association for Psychological Science
- 2018 **APA Division 7 Early Career Grant in Developmental Psychology**, American
Psychological Association
- 2018 **Top Peer Reviewer in Psychology/Psychiatry**, Publons
- 2017 **Full Member**, International Academy of Sex Research

- 2015 **Martin S. Wallach Award**, for outstanding doctoral candidate in clinical psychology, University of North Carolina
- 2015 **SSCP Outstanding Student Teacher Award**, Society for a Science of Clinical Psychology
- 2014 **Psi Chi Teaching Award**, University of North Carolina Department of Psychology
- 2014 **Rosa Swanson Award**, for creating a supportive professional environment, University of North Carolina Department of Psychology
- 2013 **SRA/EARA Junior Scholar**, selected for training program, Society for Research on Adolescence & European Association for Research on Adolescence
- 2012–2014 **Three Letters of Commendation for Excellence in Teaching**, for student evaluations in top 10% of instructors and faculty, University of North Carolina

GRANTS FUNDED

- Co-Investigator**
10/19 – 10/20
\$25,000
Pitt Innovation Challenge (PInCh)
TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis
Clinical and Translational Science Institute, University of Pittsburgh
Principal Investigator: Caroline Oppenheimer, Ph.D.
Other co-Investigators: Jennifer Silk, Ph.D., Helmet Karim, Ph.D., Jamie Hanson, Ph.D., Mary Phillips, M.D.
- Consultant**
8/19 – 8/20
\$75,000
ETUDES Center Pilot Award (\$25,000, with \$50,000 matched funds)
Developing and Assessing the Acceptability of a Social Media-Delivered Intervention to Optimize Social Media Use and Reduce Social Isolation Among Rural Sexual and Gender Minority Youth
National Institute of Mental Health; ALACRITY Center (P50); University of Pittsburgh’s Center for Enhancing Treatment & Utilization for Depression & Emergent Suicidality (ETUDES)
Principal Investigator: César Escobar-Viera, M.D., Ph.D.
- Principal Investigator**
8/18 – 8/20
\$1,000
APA Division 7 Early Career Research Grant in Developmental Psychology
Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology
Division 7, American Psychological Association
- Principal Investigator**
8/18 – 8/20
\$17,924
University Research Council Grant: Central Research Development Fund
Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women’s Gaze Toward Social Media Images
University Research Council Foundation, University of Pittsburgh

- Principal Investigator** **Clinical and Translational Science Institute (CTSI) Research Initiative for Special Populations**
7/18 – 7/19
\$25,000
The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide
Clinical and Translational Science Institute, University of Pittsburgh, supported by the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program, grant UL1 TR001857
Co-investigators: Tina Goldstein, Ph.D.; Michael Marshal, Ph.D.; Rachel Salk, Ph.D.; Brian Thoma, Ph.D.
- Co-Investigator** **University Research Council Grant for Research in Diversity**
7/17 – 7/18
\$2,300
Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents
University Research Council Foundation, University of Pittsburgh
PI: Rachel Salk, Ph.D.; **Co-I:** Brian Thoma, Ph.D.
- Principal Investigator** **Doug Kirby Adolescent Sexual Health Research Grant**
1/15 – 12/15
\$750
Peer Influences on Adolescents' Development of Sexual Behavior
Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)
- Principal Investigator** **Henry David Research Grant**
6/14 – 6/15
\$1,500
Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design
American Psychological Foundation
- Co-Investigator** **Center for AIDS Research Developmental Award**
7/12 – 7/13
\$20,000
Peer Influence Susceptibility and Adolescent HIV Risk Behavior
University of North Carolina Center for AIDS Research (P30 AI50410)
PI: Mitch Prinstein, Ph.D.; **Co-PI:** Laura Widman, Ph.D.

PUBLICATIONS

* Indicates student/advisee author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

†Salk, R. H., †Thoma, B. C., & †**Choukas-Bradley, S.** (2020). The Gender Minority Youth Study: Overview of methods and social media recruitment of a nationwide sample of U.S. cisgender and transgender adolescents. *Archives of Sexual Behavior*. Advance online publication. doi: 10.1007/s10508-020-01695-x

†First authorship for this paper is shared.

Choukas-Bradley, S., Nesi, J., Widman, L., & Galla, B. M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body Image, 33:* 164-174. <https://doi.org/10.1016/j.bodyim.2020.02.017>

- Choukas-Bradley, S.** & Nesi, J. (2020). Applying developmental theory to adolescent peer influence processes in the social media context. In N. van Zalk & C. Monks (Eds.), *Online Peer Engagement in Adolescence: Positive and Negative Aspects of Online Social Interaction*. Abingdon, UK: Routledge. Ebook doi: 10.4324/9780429468360-9
- Widman, L., Evans, R., & **Choukas-Bradley, S.** (2020). More meta-analytical explorations on adolescent sexual health interventions are needed—A reply. *JAMA Pediatrics*. Advance online publication. Doi: 10.1001/jamapediatrics.2019.5894
- *Maheux, A. J., & **Choukas-Bradley, S.** (in press). Sexuality and mental health in emerging adulthood. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in Emerging Adulthood*. New York: Oxford University Press.
- Choukas-Bradley, S.** & Thoma, B. C. (in press). Mental health among LGBT youth. In W. I. Wong & D. VanderLaan (Eds.), *Gender and Sexuality Development: Contemporary Theory and Research*. New York: Springer.
- Fox, K., **Choukas-Bradley, S.**, Salk, R. H., Marshal, M. P., & Thoma, B. C. (2020). Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity. *Journal of Consulting and Clinical Psychology*. Advance online publication. Doi: 10.1037/ccp0000486
- Choukas-Bradley, S.**, Sheppard, C. S., Prinstein, M. J., & Abela, J. R. Z. (in press). A cross-cultural examination of peer status and social correlates in the U.S. and China. *Merrill-Palmer Quarterly*.
- †Javidi, H., *†Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research*. Advance online publication. Doi: 10.1080/00224499.2019.1711009
- †First authorship for this paper is shared.
- *Shensa, A., Sidani, J. E., Escobar-Viera, C. G., Switzer, G. E., Primack, B., & **Choukas-Bradley, S.** (2020). Emotional support from social media and in-person relationships: Associations with depressive symptoms among young adults. *Journal of Affective Disorders*, 260: 38-44.
- Widman, L., Kamke, K., Evans, R., Stewart, J. L., **Choukas-Bradley, S.**, & Golin, C. E. (2020). Feasibility, acceptability, and preliminary efficacy of an online sexual health program for adolescents. *Journal of Sex Research*, 57, 145-154. Doi: 10.1080/00224499.2019.1630800
- Thoma, B. C., Salk, R. H., **Choukas-Bradley, S.**, Levine, M. D., Goldstein, T. R., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. *Pediatrics*. Advance online publication. Doi: 10.1542/peds.2019-1183
- *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **Choukas-Bradley, S.** (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence*, 78: 62-66. <https://doi.org/10.1016/j.adolescence.2019.12.002>

- Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. *Journal of Adolescence*, *77*: 90-97. <https://doi.org/10.1016/j.adolescence.2019.10.006>
- †Lazarus, S. A., †**Choukas-Bradley, S.**, Beeney, J., Byrd, A., Vine, V., & Stepp, S. D. (2019). Too much too soon? Borderline personality disorder symptoms and romantic relationship functioning in adolescence. *Journal of Abnormal Child Psychology*, *47*: 1995-2005.
†First authorship for this paper is shared.
- Widman, L., Evans, R., Javidi, H., & **Choukas-Bradley, S.** (2019). Assessment of parent-based interventions for adolescent sexual health: A systematic review and meta-analysis. *JAMA Pediatrics*, *73*: 866-877.
- Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2019). Camera-ready: Young women's appearance-related social media consciousness. *Psychology of Popular Media Culture*, *8*(4), 473-481. doi:<http://dx.doi.org.pitt.idm.oclc.org/10.1037/ppm0000196>
- Choukas-Bradley, S.**, Nesi, J., Widman, L., & Noar, S. M. (2019). Examining the role of self-objectification and appearance expectations in young women's indoor tanning behavior. *Sex Roles*, *80*: 52-62. <https://doi.org/10.1007/s11199-018-0913-9>
- Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health*, *62*: 651-660. doi: 10.1016/j.jadohealth.2018.02.007
- Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*, *21*: 267-294. <https://doi.org/10.1007/s10567-018-0261-x>
- Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*, *21*: 295-319. <https://doi.org/10.1007/s10567-018-0262-9>
- Trinh, S., & **Choukas-Bradley, S.** (2018). “No messages needed – just pats on the back”: Exploring young men's reports of male and female friends' sexual communications. *Psychology of Men and Masculinity*, *19*: 430-438. <https://doi.org/10.1037/men0000113>
- Eckstrand, K. L., **Choukas-Bradley, S.**, Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience*, *27*, 1-9. <https://doi.org/10.1016/j.dcn.2017.07.004>
- Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2017). Technology-based

communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence*, 27(2), 471-477. doi:<http://dx.doi.org/10.1111/jora.12274>.

Widman, L., **Choukas-Bradley, S.**, Noar, S. M., Nesi, J., & Garrett, K. P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics*, 170(1), 52-61. doi: 10.1001/jamapediatrics.2015.2731

Higgins, M. K., **Choukas-Bradley, S.**, Crowder, E. E., & Bardone-Cone, A. M. (2016). Examining moderators of the relation between body consciousness during sexual activity and disordered eating. *Advances in Eating Disorders*, 4:1, 31-46, doi: 10.1080/21662630.2015.1081074

Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2016). Adolescent susceptibility to peer influence in sexual situations. *Journal of Adolescent Health*, 58(3), 323-329. doi:10.1016/j.jadohealth.2015.10.253

Choukas-Bradley, S., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2015). Peer influence, peer status, and prosocial behavior: An experimental investigation of peer socialization of adolescents' intentions to volunteer. *Journal of Youth and Adolescence*, 44(12), 2197-2210. doi:10.1007/s10964-015-0373-2

Helms, S. W., Gallagher, M., Calhoun, C. D., **Choukas-Bradley, S.**, Dawson, G. C., & Prinstein, M. J. (2015). Intrinsic religiosity buffers the longitudinal effects of peer victimization on adolescent depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*, 44, 471-479. doi: 10.1080/15374416.2013.865195

Choukas-Bradley, S., Goldberg, S. K., Widman, L., Reese, B. M., & Halpern, C. T. (2015). Demographic and developmental differences in the content and sequence of adolescents' ideal romantic relationship behaviors. *Journal of Adolescence*, 45, 112-126. doi:10.1016/j.adolescence.2015.08.019

Youngstrom, E. A., **Choukas-Bradley, S.**, Calhoun, C. D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice*, 22, 20-35. doi:10.1016/j.cbpra.2013.12.005

Choukas-Bradley, S., Giletta, M., Neblett, E. W., & Prinstein, M. J. (2015). Ethnic differences in associations among popularity, likeability, and trajectories of adolescents' alcohol use and frequency. *Child Development*, 86, 519-535. doi: 10.1111/cdev.12333

Helms, S. W., **Choukas-Bradley, S.**, Widman, L., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2014). Adolescents misperceive and are influenced by high-status peers' health risk, deviant, and adaptive behavior. *Developmental Psychology*, 50, 2697-2714. doi:10.1037/a0038178

Reese, B. M., **Choukas-Bradley, S.**, Herring, A. H., & Halpern, C. T. (2014). Correlates of adolescent and young adult sexual initiation patterns. *Perspectives on Sexual and Reproductive Health*,

46, 211-221. doi: 10.1363/46e2214

Choukas-Bradley, S., Giletta, M., Widman, L., Cohen, G. L., & Prinstein, M. J. (2014). Experimentally measured susceptibility to peer influence and adolescent sexual behavior trajectories: A preliminary study. *Developmental Psychology, 50*, 2221-2227. doi:10.1037/a0037300

Widman, L., **Choukas-Bradley, S.**, Helms, S. W., Golin, C. E., & Prinstein, M. J. (2014). Sexual communication between early adolescents and their dating partners, parents, and best friends. *Journal of Sex Research, 51*, 731-741. doi: 10.1080/00224499.2013.843148

Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. B. (2014). Adolescent sexual health communication and condom use: A meta-analysis. *Health Psychology, 33*, 1113-1124. doi:10.1037/hea0000112

Rancourt, D., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2014). An experimental examination of peers' influence on adolescent girls' intent to engage in maladaptive weight-related behaviors. *International Journal of Eating Disorders, 47*, 437-447. doi:10.1002/eat.22258

Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health, 54*, 612-614. doi:10.1016/j.jadohealth.2013.12.009

Choukas-Bradley, S., & Prinstein, M. J. (2014). Peer relations and the development of psychopathology. In M. Lewis & K. D. Rudolph (Eds.), *Handbook of Developmental Psychopathology* (3rd ed.). New York: Springer.

Prinstein, M. J., **Choukas-Bradley, S.**, & Guan, K. (2012). Deciding to apply and successfully gaining admission to graduate schools in psychology. In M. J. Prinstein (Ed.), *The portable mentor: Expert guide to a successful career in psychology* (2nd ed.) New York: Springer.

Prinstein, M. J., **Choukas-Bradley, S.**, Helms, S. W., Brechwald, W. A., & Rancourt, D. (2011). High peer popularity longitudinally predicts adolescent health risk behavior, or does it? An examination of linear and quadratic associations. *Journal of Pediatric Psychology, 36*, 980-990. doi:10.1093/jpepsy/jsr053

MANUSCRIPTS CURRENTLY UNDER REVIEW

* Indicates student/advisee author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

Galla, B. M., **Choukas-Bradley, S.**, Fiore, H. M., & Esposito, M. V. (manuscript invited for resubmission). Values-alignment messaging boosts adolescents' motivation to control social media use.

- Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (manuscript invited for resubmission). Disparities in sleep among transgender and cisgender adolescents.
- Espinosa-Hernandez, G., **Choukas-Bradley, S.**, van de Bongardt, D., & Van Dulmen, M. (manuscript under review). Romantic relationships and sexuality in diverse adolescent populations: Introduction to the special issue.
- *Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. T., Levine, M. D., & **Choukas-Bradley, S.** (manuscript under review). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth.
- *Carrino, E. A., *Bryen, C. P., *Maheux, A. J., Stewart, J. L., *Roberts, S. R., Widman, L., & **Choukas-Bradley, S.** (manuscript under review). Equal rights or special treatment? An investigation of U.S. adolescents' definitions of "feminist."
- *†Maheux, A. J., *†Bryen, C. P., *Carrino, E. A., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (manuscript under review). Depressive symptoms among mostly heterosexual adolescents.
†First authorship for this paper is shared.
- Choukas-Bradley, S.**, Hipwell, A. E., *Roberts, S. R., *Maheux, A. J., & Stepp, S. D. (manuscript under review). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors.
- *Maheux, A. J., *Zhou, Y., Thoma, B. T., Salk, R. H., & **Choukas-Bradley, S.** (manuscript under review). Examining sexual behavior among U.S. transgender adolescents.
- Hamilton, J. L., Do, Q., **Choukas-Bradley, S.**, Ladouceur, C. D., & Silk, J. S. (manuscript under review). Where it hurts the most: Peer interactions on social media and in person are differentially associated with emotional reactivity and sustained affect among adolescent girls.
- Thoma, B. C., Rezeppa, T. L., **Choukas-Bradley, S.**, Salk, R. H., & Marshal, M. P. (manuscript under review). Disparities in childhood abuse experiences between transgender and cisgender adolescents in the United States.
- Evans, R., Widman, L., Brasileiro, J., *Maheux, A. J., & **Choukas-Bradley, S.** (manuscript under review). Examining the link between sexual self-concept and sexual communication among adolescents.
- Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (manuscript under review). Selfie appearance investment and peer feedback concern: A multi-method investigation of adolescent selfie practices and psychosocial adjustment.
- Hamilton, J. L., Nesi, J., & **Choukas-Bradley, S.** (manuscript under review). Teens and social media during the COVID-19 pandemic: Staying socially connected while physically distant.

SELECTED MANUSCRIPTS IN PREPARATION

* Indicates student/adviser author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

†Giletta, M., †**Choukas-Bradley, S.**, Maes, M., Linthicum, R., Card, N. A., & Prinstein, M. J. (manuscript in preparation). A meta-analysis of longitudinal peer influence effects in childhood and adolescence.

†First authorship for this manuscript is shared.

Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (manuscript in preparation). Adolescent sexting, porn, and online partners: Sexual behavior and communication in the digital age.

Choukas-Bradley, S., *Roberts, S. R., *Maheux, A. J., & Nesi, J. (manuscript in preparation). The role of social media in adolescent girls' body image concerns and mental health: A biopsychosociocultural model.

*Roberts, S. R., Salk, R. H., Thoma, B. T., *Romito, M., Levine, M. D., & ^**Choukas-Bradley, S.** (manuscript in preparation). Disordered eating disparities between transgender and cisgender adolescents.

Choukas-Bradley, S., Salk, R. H., *Maheux, A. J., *Roberts, S. R., *Boyajian, L., Levine, M. D., & Thoma, B. T. (manuscript in preparation). Self-objectification among transgender and cisgender adolescents.

*Roberts, S. R., *Maheux, A. J., *Bryen, C. P., *Carrino, E. A., Salk, R. H., Thoma, B. C., & ^**Choukas-Bradley, S.** (manuscript in preparation). Gender minority adolescents' perceptions of feminism.

*Roberts, S. R., *Maheux, A. J., *Ladd, B. A., & ^**Choukas-Bradley, S.** (invited book chapter in preparation). Social media use, body image, and disordered eating in adolescence. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Abingdon, UK: Routledge. Cambridge, England: Cambridge University Press.

Ma, J., Korpak, A. K., **Choukas-Bradley, S.**, & Macapagal, K. (manuscript in preparation). Online relationship seeking among transgender and gender nonconforming adolescents: Patterns of smartphone application use, advice for others, and common inquiries.

CONFERENCE PRESENTATIONS

* Indicates student/adviser author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

Choukas-Bradley, S., Thoma, B. C., Salk, R. H., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2020, April). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. In *Innovative Interventions to Improve Health*

Outcomes among Sexual and Gender Minority Youth: from Conceptualizing to Testing. Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).

Escobar-Viera, C., Sidani, J., Shensa, A., Shaaban, S., **Choukas-Bradley, S.**, & Rollman, B. (2020, April). Optimizing social media use and reducing social isolation among rural sexual and gender minority adolescents: Study design and preliminary acceptability results. In *Innovative Interventions to Improve Health Outcomes among Sexual and Gender Minority Youth: from Conceptualizing to Testing.* Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).

Choukas-Bradley, S., *Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D. (2020, March). Exploring transgender adolescents' body image concerns: Semi-structured interviews with nine gender minority youth. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

*Roberts, S. R., Salk, R. H., *Romito, M., Thoma, B. C., Levine, M. D., & **Choukas-Bradley, S.** (2020, March). Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

Thoma, B. C., **Choukas-Bradley, S.**, Rezeppa, T., Salk, R. H., & Marshal, M. P. (2020, March). Disparities in childhood emotional, physical, and sexual abuse between transgender and cisgender adolescents in the United States. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

*Drexler, S. A., *Maheux, A. J., Widman, L., & **Choukas-Bradley, S.** (2020, March). *Adolescent feminist identification and condom use intentions.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

*Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D., & **Choukas-Bradley, S.** (2020, April). Exploring transgender adolescents' body image concerns and disordered eating. Poster at the annual meeting of the Midwestern Psychological Association, Chicago, IL (Conference canceled).

*Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **Choukas-Bradley, S.** (2020, March). *Adolescent sexting: The role of peer influence and perceptions of peer norms.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

- Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck (Chair), *Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health*. Symposium at annual meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (2020, March). *Adolescent sexual communication and behavior in the digital age: Sexting, porn, and using social media to meet partners*. Paper at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- *Zhou, Y., *Maheux, A. J., Thoma, B. C., Salk, R. H., & **Choukas-Bradley, S.** (2020, March). *Sexual behavior of gender minority adolescents in the United States*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- *Henry, H. R., *Maheux, A. J., Thoma, B. C., Salk, R. H., *Ladd, B. A., & **Choukas-Bradley, S.** (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- *Maheux, A. J., Widman, L., & **Choukas-Bradley, S.** (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- *Roberts, S. R., *Maheux, A. J., *Bryen, C. P., *Carrino, E. A., Salk, R. H., Thoma, B. C., & **Choukas-Bradley, S.** (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- Received the Student Poster Award
- *Maheux, A. J., *Carrino, E. A., *Bryen, C. P., *Zhou, Y., & **Choukas-Bradley, S.** (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019, November). *Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years*. Oral presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- Javidi, H., *Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2019, November). *Understanding adolescents' attitudes toward affirmative consent*. Brief presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.

- Thoma, B.C., Salk, R.H., **Choukas-Bradley S.**, Goldstein, T.R., Levine, M.D., & Marshal, M.P. (July 2019). *Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey*. Oral presentation at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
- Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (July, 2019). *Adolescent sexual behavior and communication in the digital age: Sexting, porn, and using social media to meet partners*. Brief communication talk presented at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
- Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2019, March). Social media and self-objectification: Examining the implications for adolescents' body image and mental health. In K. Burnell (Chair), *Social Media Use and Adolescent Adjustment: Considering Quality Over Quantity*. Symposium presented at biannual meeting of Society for Research in Child Development, Baltimore, MD.
- *Bryen, C. P., *Carrino, E. A., *Maheux, A. J., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
- *Carrino, E. A., *Bryen, C. P., *Maheux, A. J., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (2019, March). *"They want equal rights, but...": A mixed methods investigation of adolescents' conceptions of feminism*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
- *Maheux, A. J., Evans, R., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms*. Poster presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
- Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2018, October). *Social media self-objectification: Associations with adolescents' body image and mental health*. Flash talk and poster presented at the second Digital Media and Developing Minds conference; Children and Screens: Institute of Digital Media and Child Development; Cold Springs Harbor Laboratory, Long Island, NY.
- Giletta, M., **Choukas-Bradley, S.**, Maes, M., Linthicum, R, Card, N.A., & Prinstein, M.J. (2018, September). When and to what extent do peers influence youth behavior? A review and meta-analysis of peer influence effects in childhood and adolescence. In Schultz, S. (Chair), *Meta-analytic approaches to social relationships and interactions in adolescence*. Symposium presented at the European Association for Research on Adolescence, Ghent, Belgium.
- Choukas-Bradley, S.**, Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18*.

Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.

Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018, July). *Technology-based interventions to reduce STIs and unintended pregnancy among youth: A meta-analysis*. Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.

Choukas-Bradley, S., Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and Tech: Spill-over of Adolescents' Digital Technology Use to Offline behaviors and Wellbeing*. Symposium presented at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.

Choukas-Bradley, S., Nesi, J., Widman, L., & Higgins, M. K. (2018, April). *Social media and self-objectification in adolescent girls and young women*. Oral presentation at the Playing with Childhood in the Twenty-First Century conference at the University of Pittsburgh, Pittsburgh, PA.

Nesi, J., & **Choukas-Bradley, S.** (2017, October). Social media as a unique context for adolescent sexual behavior. In C. Catarozoli (Chair), *Sexting and Social Media: Risk-Taking Behavior in the 21st Century*. Symposium presented at annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.

Widman, L., Stewart, J. L., **Choukas-Bradley, S.**, Nesi, J., & Prinstein, M. J. (2017, July). *Having "the talk": A multi-wave assessment of parent-adolescent sexual communication*. Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.

Choukas-Bradley, S., Hipwell, A. E., & Stepp, S. D. (2017, June). *Symptoms of depression increase girls' trajectories of sexual risk behavior from ages 14 to 18 (but not the reverse)*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.

Choukas-Bradley, S., & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms*. Symposium presented at biannual meeting of Society for Research on Child Development, Austin, TX.

Choukas-Bradley, S., Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women*. Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.

Rofey, D., **Choukas-Bradley, S.**, & Sequeira, G. (2016, September). *Weight concerns in transgender youth*. Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA.
+Presenting authors

- Choukas-Bradley**, Hipwell, A. E., & Stepp, S. D. (2016, June). *Adolescent girls' borderline personality disorder symptoms increase rate of sexual risk behavior from ages 14 to 18*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.
- Choukas-Bradley, S.**, Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Nesi, J., Giletta, M., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Trinh, S., & **Choukas-Bradley, S.** (2016, April). *"No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2016, April). *Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Widman, L., **Choukas-Bradley, S.**, Prinstein, M. J. (2015, August). *Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach*. Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.
- Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, November). *Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach*. Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.
- Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis*. Paper presented at annual meeting of International Academy of Sex Research, Dubrovnik, Croatia.
- Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine, Philadelphia, PA.
- Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine, Philadelphia, PA.

- Choukas-Bradley, S.,** Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Giletta, M., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.
- Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.
- Reese, B. M., **Choukas-Bradley, S.,** & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns*. Paper presented at annual meeting of Population Association of America, New Orleans, LA.
- Choukas-Bradley, S.,** Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence*. Symposium presented at biannual meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.
- Choukas-Bradley, S.,** Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression*. Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
- Choukas-Bradley, S.,** Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The*

moderating role of impulsivity. Poster presented at biannual meeting of Society for Research in Child Development, Montreal, Canada.

Choukas-Bradley, S., Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories*. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Brechwald, W. A., **Choukas-Bradley, S.,** & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts*. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Choukas-Bradley, S., & Prinstein, M. J. (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity*. Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

Choukas-Bradley, S., Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C. (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context*. Poster presented at biannual meeting of Society for Research in Child Development, Denver, CO.

Choukas-Bradley, S., Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L. (2008, March). *Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth*. Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

CHAired SYMPOSIA, PANEL DISCUSSIONS, AND INVITED DISCUSSANT

Panelist in K. Nelson (Chair): *Practical and Ethical Considerations for Conducting Online Research Among Sexual and Gender Minority Youth*. Panel at the annual conference of the Society of Behavioral Medicine, San Francisco, CA, April 2020 (Conference canceled).

Chair of symposium: *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California, March 2020 (Conference canceled).

Discussant in K. Flannery (Chair): *#PeerProblems: Examining the Role of Social Media in Transforming Peer Experiences and Influencing Adolescent Adjustment*. Symposium presented at biannual meeting of Society for Research in Child Development, Baltimore, MD, March 2019.

Panelist in J. R. Pemberton (Chair): *Getting Published as a Student or Early Professional: Tips from Multiple Perspectives*. Professional development panel presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Washington, DC, November 2018.

Panelist in The Power of Grit and Perseverance. Forum session at the Women in Medicine & Science Forum, University of Pittsburgh, November 2018.

Discussant in M. K. Bookhout (Chair): The Positive and Negative Roles of Peer Relations in Childhood Obesity. Symposium presented at biannual meeting of Society for Research in Child Development, Austin, TX, April 2017.

Chair of symposium: Messages Early Adolescents Receive About Sex: Parent, Peer, and Media Influences on Sexual Intentions and Behaviors. Symposium conducted at biannual meeting of Society for Research on Adolescence, Austin, TX, April 2014.

TEACHING

Instructor of Record: Graduate Courses

Social Influences on Adolescent Development

University of Delaware
Spring 2021 (Scheduled)

Special Topics in Developmental Psychology: Social Influences on Adolescent Development

University of Pittsburgh
Fall 2019

Instructor of Record: Undergraduate Courses

Adolescence

University of Delaware
Fall 2020 (Scheduled)

Adolescence

University of Pittsburgh
Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018

Abnormal Psychology

University of North Carolina at Chapel Hill
Fall 2014, Summer 2014, Summer 2013, Spring 2013, Fall 2012

Teaching Fellow: Graduate Courses

Ethics and Practice in Clinical Psychology, graduate level; *Spring 2014*

University of North Carolina at Chapel Hill; Faculty Instructor: Arlane Margolis, Ph.D.

Clinical Assessment, graduate level; *Spring 2013*

University of North Carolina at Chapel Hill; Faculty Instructor: Eric Youngstrom, Ph.D.

MENTORING & SUPERVISION

Graduate Student Advisor

Savannah Roberts: Fall 2019 – Present

*Ph.D. student: individualized cross-training in Clinical and Developmental Psychology
(University of Pittsburgh: 2019 – 2020; University of Delaware: beginning Fall 2020)*

Anne (Annie) Maheux: Fall 2018 – Present

*Ph.D. student: individualized cross-training in Developmental & Social Psychology
(University of Pittsburgh: 2018 – 2020; University of Delaware: beginning Fall 2020)*

Post-baccalaureate Trainee Research Advisor

Brianna Ladd: Fall 2019 – Present (full-time lab manager)

Yiyao Zhou: Spring 2018 – Spring 2020 (part-time research assistant)

Madelaine Romito: Fall 2017 – Summer 2019 (part-time research assistant; subsequent position: full-time research assistant, University of Pittsburgh Department of Psychiatry/University of Chicago Department of Psychiatry)

Chloe Bryen: Fall 2017 – Summer 2019 (full-time lab manager; subsequent position: Ph.D. Student in Clinical Psychology at Florida State University)

Emily Carrino: Fall 2017 – Summer 2019 (full-time lab manager; subsequent position: Ph.D. Student in Clinical Psychology at University of North Carolina at Chapel Hill)

Undergraduate Advisor (Directed Research & Volunteer Students)

Kendra Plummer (2019 – 2020); Laura Boyajian (2019 – 2020); Sarah Drexler (2019); Haley Henry (2019 – 2020); Uma Balaji (2018 – 2020); Megan Kundra (2018 – 2020); Julia Friedman (2018 – 2019); Emma Stewart (2018 – 2019); Evelyn Zamora-Vargas (2018); Madeline Rushlau (2017 – 2018); Tori Blazinski (2017 – 2018)

Honors Thesis Undergraduate Advisor

Laura Boyajian: 2019 – 2020

Dissertation Committees

Rebecca Meacham (Applied Developmental Psychology Ph.D. Program), 2019 – 2020 (Chair: Brian Galla)

Ariel Shensa (Clinical & Translational Science Ph.D. Program), 2019 – 2020 (Chair: Brian Primack)

Comprehensive Examination Committees

Orma Ravindranath (Clinical Psychology), 2020 (Chair: Bea Luna)

Masters Thesis Committees

Christina Leckfor (Social Psychology), 2019 – 2020 (Chair: Ed Orehek)

Kirsten McKone (Clinical & Developmental Psychology), 2018 – 2019 (Chair: Jennifer Silk)

Honors Thesis Committees

University of Pittsburgh: Laura Boyajian, 2019 – 2020 (Chair: Sophia Choukas-Bradley); Jonah Buczewski, 2019 (Chair: Stephanie Stepp); Jasmine Pabla, 2019 (Chair: Michele Levine); Danielle Apple, 2018 (Chair: Jennifer Silk)

University of North Carolina: Caitlin Williams, 2012 (Chairs: Sophia Choukas-Bradley & Mitch Prinstein); Jacqueline Bonsu, 2012 (Chair: Mitch Prinstein); Kelsi Harris, 2012 (Chair: Mitch Prinstein); Ashley Mogul, 2012 (Chair: Mitch Prinstein); Jason Rights, 2012 (Chair: Mitch Prinstein)

Clinical Supervisor

Behavioral Couples Therapy Consultant (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision:* Don Baucom, Ph.D.

Cognitive Behavioral Couples Therapy Supervisor (2014-2015). Primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina. *Supervisor of supervision:* Don Baucom, Ph.D.

Child & Adult Psychotherapy Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting individual therapy with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom, Ph.D.

Assessment Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom, Ph.D.

OTHER PROFESSIONAL ACTIVITIES AND SERVICE

Guest Editor: 2018-2020

Journal of Adolescence, Special Issue: Romantic Relationships and Sexuality in Adolescence. *Co-editors:* Manfred van Dulmen, Sophia Choukas-Bradley, Graciela Espinosa-Hernandez, Daphne van de Bongardt.

Ad-Hoc Peer Reviewer

Archives of Sexual Behavior; Body Image; Child Development; Children & Youth Services Review; Developmental Psychology; European Journal of Developmental Psychology; Gender Issues; International Journal of Behavioral Development; Journal of Adolescence; Journal of Adolescent Research; Journal of Applied Developmental Psychology; Journal of Clinical Child and Adolescent Psychology; Journal of Child and Family Studies; Journal of Genetic Psychology; Journal of Experimental Child Psychology; Journal of Mental Health; Journal of Research on Adolescence; Pediatrics; PLOS ONE; Psychological Bulletin; Psychology of Popular Media Culture; Psychology of Women Quarterly; Sex Roles; Social Development; Social Problems; Social Science & Medicine – Population Health

Departmental & University Service

Member of the Psychology Equity, Inclusion, and Community (PEIC) Committee, University of Pittsburgh Department of Psychology, 2018 – Present

Founder and head of the LGBTQ+ Affinity Group, 2018 – 2020

Faculty member of the Clinical Training subcommittee, 2018 – 2020

Reviewer, Office of Research Pitt Momentum Funds Grants, 2019

Reviewer, Clinical and Translational Science Institute Grants, 2019

Lecturer, Diversity and Professional Issues course for clinical psychology trainees, University of Pittsburgh Department of Psychology, 2019, 2020

Lecturer, Developmental Processes course for PGY-4 psychiatry residents, University of Pittsburgh Department of Psychiatry, 2019, 2020

Reviewer, Western Psychiatric Institute & Clinic Research Review Committee, 2018, 2019

Reviewer, Western Psychiatric Institute & Clinic pre-doctoral clinical psychology internship program, 2016, 2017, 2018

Other Service to the Field

American Psychological Association Division 7 Grant Reviewer, 2019

NSF Reviewer, 2019

*Cengage Textbook Reviewer (expert content reviewer for *Human Sexuality* textbook), 2019*

Templeton Foundation Grant Reviewer, 2019

American Psychological Foundation Grant Reviewer, 2018, 2019

Society for Research in Child Development Conference Submission Reviewer, 2018

Oxford University Press Book Proposal Reviewer, 2018

Professional Memberships

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 35: Society for the Psychology of Women

APA Division 46: Society for Media Psychology & Technology

APA Division 53: Society of Clinical Child and Adolescent Psychology

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Psychological Science (APS)

International Academy of Sex Research (IASR)

Society for Personality and Social Psychology (SPSP)

Society for Research in Child Development (SRCD)

Society for Research on Adolescence (SRA)

Society for a Science of Clinical Psychology (SSCP)

Invited Talks

Camera-ready: Gender, social media, and adolescents' body image. Invited speaker for Adolescent Medicine Lecture Series, University of Pittsburgh, February 2019.

Gender, media, and wellbeing in adolescence. Invited Psi Chi Induction Speaker, University of Pittsburgh. November 2018.

Social media use in adolescence. Invited speaker at the University of Pittsburgh Psychology Club. October 2018.

Adolescence in 90 seconds. Invited to give videotaped YouTube “flash class” for Dietrich School of Arts and Sciences, University of Pittsburgh. October 2018. Available at <https://www.youtube.com/watch?v=kBNiPvMKoI0>

Social status, social influence, and social media: Implications for adolescents' mental health and wellbeing. Invited speaker at the University of Pittsburgh Social Psychology Program Brownbag Series. November 2017.

Media influences on body image, mental health, and wellbeing. Invited speaker at the UNC Women Experiencing Learning & Leadership community (W.E.L.L.). November 2014.

Eating disorders: Symptoms, impact, and misconceptions. Invited speaker at the UNC Substance-Free Living Community. October 2014.

A brief introduction to abnormal psychology and clinical psychology. Invited speaker at Hillside New Tech High School. September 2014.

Understanding peer influence of adolescent sexual risk behavior. Invited speaker at the UNC Center for AIDS Research Community Advisory Board Meeting. (Co-presenter: Laura Widman.) May 2014.

Media influences on adolescents' and young adults' body image and disordered eating. Invited speaker at the UNC Substance-Free Living Community. October 2013.

Mixed messages: Media influences on adolescents' mental health and wellbeing. Invited speaker at the Governor School. July 2013.

SELECTED MEDIA COVERAGE

“Measuring the effect of social media on body image” (2020, June 2). **Top of Mind with Julie Rose (BYU Radio)**. Retrieved from <http://www.byuradio.org/episode/6e5168ca-cf9a-4ca6-be84-95068613277b/top-of-mind-with-julie-rose-why-some-democracies-have-thrived-during-covid-19-avoid-afternoon-dr-appointments-nps-dive-team?playhead=5390&autoplay=true>

“Study highlights fluid sexual orientation in many teens” (2019, December 1). **Science Blog**. Retrieved from <https://scienceblog.com/512398/study-highlights-fluid-sexual-orientation-in-many-teens/>

“Local psychology experts say removal of Instagram likes is ‘step in the right direction’ (2019, November 21). **CBS Pittsburgh (KDKA)**. Retrieved from <https://pittsburgh.cbslocal.com/2019/11/21/psychology-experts-instagram-likes/>

“Pitt study finds large number of transgender teens have suicidal thoughts” (2019, October 15). **WESA: Pittsburgh’s NPR News Station**. Retrieved from <https://www.wesa.fm/post/pitt-study-finds-large-number-transgender-teens-have-suicidal-thoughts#stream/0>

“What happens when parents talk to kids frankly about sex?” (2019, July 29). **U.S. News and World Report**. Retrieved from <https://www.usnews.com/news/health-news/articles/2019-07-29/what-happens-when-parents-talk-to-kids-frankly-about-sex>

“Children whose parents teach them about sex are less at risk of STIs and unwanted pregnancy because ‘they’re better at using condoms.’” (2019, July 29). **The Daily Mail**. Retrieved from <https://www.dailymail.co.uk/health/article-7297503/Children-parents-teach-sex-better-using-condoms.html>

“Talking with both daughters and sons about sex.” (2017, January 11). **New York Times**. Retrieved from <https://mobile.nytimes.com/2017/01/11/well/family/talking-about-sex-with-daughters-and-sons.html>

“Internet-addled teens are worse at awkward, necessary dating conversations.” (2016, July 1). **New York Magazine**. Retrieved from <http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html>

“The more parents talk to teens about sex, the safer their sex will be.” (2015, November 2). **Huffington Post**. Retrieved from http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_us_5637a6dfe4b00aa54a4eaea

“Alas, you do have to talk to your teen about sex.” (2015, November 2). **TIME**. Retrieved from <http://time.com/4094495/alas-you-do-have-to-talk-to-your-teen-about-sex>

“The sex talk works, even if it makes you cringe.” (2015, November 2). **NBC News**. Retrieved from <http://www.nbcnews.com/health/sexual-health/sex-talk-works-even-if-it-makes-you-cringe-n455981>

“Sex, drugs, and pluralistic ignorance: Why smart groups do dumb things.” **The Atlantic**. (2015, January 9). Retrieved from <https://www.theatlantic.com/national/archive/2015/01/sex-and-drugs-and-high-school-but-also-social-psychology/384339/>

“The popular crowd is having less sex and doing fewer drugs than high schoolers think.” **Business Insider**. (2015, January 9). Retrieved from <http://www.businessinsider.com/the-popular-crowd-is-having-less-sex-and-doing-less-drugs-than-high-schoolers-think-2015-1>