

SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae

University of Delaware
Department of Psychological & Brain Sciences
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EDUCATION & TRAINING

- 2008 **A.B. in Psychology**, *magna cum laude*, Departmental Honors
Brown University, Providence, RI
- 2011 **M.A. in Psychology**
University of North Carolina, Chapel Hill, NC
- 2016 **Ph.D. in Clinical Psychology**
University of North Carolina, Chapel Hill, NC
- 2015–2016 **Pre-Doctoral Clinical Internship**
Western Psychiatric Institute & Clinic, University of Pittsburgh School of
Medicine, Pittsburgh, PA
- 2016–2017 **T32 Postdoctoral Fellowship**
University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA
Western Psychiatric Institute & Clinic
Clinical Research Training for Psychologists (MH018269-30, PI: Goldstein)

POSITIONS & LICENSURE

- 2020–Present **Assistant Professor**
University of Delaware
Department of Psychological and Brain Sciences, Newark, DE
Clinical Science Program
- 2020–Present **Adjunct Professor**
University of Pittsburgh
Department of Psychology, Pittsburgh, PA
- 2018–Present **Licensed Psychologist**, License #PS018622, Commonwealth of Pennsylvania
- 2017–2020 **Assistant Professor**
University of Pittsburgh
Department of Psychology, Pittsburgh, PA
Developmental, Clinical, & Social Psychology Programs

AWARDS & HONORS

- 2020 **APS Rising Star**, Association for Psychological Science
- 2018 **APA Division 7 Early Career Grant in Developmental Psychology**, American
Psychological Association

- 2017 **Full Member**, International Academy of Sex Research
- 2015 **Martin S. Wallach Award**, for outstanding doctoral candidate in clinical psychology, University of North Carolina
- 2015 **SSCP Outstanding Student Teacher Award**, Society for a Science of Clinical Psychology
- 2014 **Psi Chi Teaching Award**, University of North Carolina Department of Psychology
- 2014 **Rosa Swanson Award**, for creating a supportive professional environment, University of North Carolina Department of Psychology
- 2013 **SRA/EARA Junior Scholar**, selected for training program, Society for Research on Adolescence & European Association for Research on Adolescence
- 2012–2014 **Three Letters of Commendation for Excellence in Teaching**, for student evaluations in top 10% of instructors and faculty, University of North Carolina

GRANTS FUNDED

- Co-Investigator **Pitt Innovation Challenge (PInCh)**
10/19 – 10/20
\$25,000
TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis
Clinical and Translational Science Institute, University of Pittsburgh
Principal Investigator: Caroline Oppenheimer, Ph.D.
Other co-Investigators: Jennifer Silk, Ph.D., Helmet Karim, Ph.D., Jamie Hanson, Ph.D., Mary Phillips, M.D.
- Consultant **ETUDES Center Pilot Award** (\$25,000, with \$50,000 matched funds)
8/19 – 8/20
\$75,000
Developing and Assessing the Acceptability of a Social Media-Delivered Intervention to Optimize Social Media Use and Reduce Social Isolation Among Rural Sexual and Gender Minority Youth
National Institute of Mental Health; ALACRITY Center (P50); University of Pittsburgh's Center for Enhancing Treatment & Utilization for Depression & Emergent Suicidality (ETUDES)
Principal Investigator: César Escobar-Viera, M.D., Ph.D.
- Principal Investigator **APA Division 7 Early Career Research Grant in Developmental Psychology**
8/18 – 8/20
\$1,000
Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology
Division 7, American Psychological Association
- Principal Investigator **University Research Council Grant: Central Research Development Fund**
8/18 – 8/20
\$17,924
Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women's Gaze Toward Social Media Images
University Research Council Foundation, University of Pittsburgh

- Principal Investigator **Clinical and Translational Science Institute (CTSI) Research Initiative for Special Populations**
7/18 – 7/19
\$25,000
The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide
Clinical and Translational Science Institute, University of Pittsburgh, supported by the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program, grant UL1 TR001857
Co-investigators: Tina Goldstein, Ph.D.; Michael Marshal, Ph.D.; Rachel Salk, Ph.D.; Brian Thoma, Ph.D.
- Co-Investigator **University Research Council Grant for Research in Diversity**
7/17 – 7/18
\$2,300
Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents
University Research Council Foundation, University of Pittsburgh
PI: Rachel Salk, Ph.D.; Co-I: Brian Thoma, Ph.D.
- Principal Investigator **Doug Kirby Adolescent Sexual Health Research Grant**
1/15 – 12/15
\$750
Peer Influences on Adolescents' Development of Sexual Behavior
Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)
- Principal Investigator **Henry David Research Grant**
6/14 – 6/15
\$1,500
Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design
American Psychological Foundation
- Co-Investigator **Center for AIDS Research Developmental Award**
7/12 – 7/13
\$20,000
Peer Influence Susceptibility and Adolescent HIV Risk Behavior
University of North Carolina Center for AIDS Research (P30 AI50410)
PI: Mitch Prinstein, Ph.D.; Co-PI: Laura Widman, Ph.D.

MENTORED STUDENT GRANTS, AWARDS, AND FELLOWSHIPS

National grants, awards, and fellowships received by graduate students in Choukas-Bradley lab

- 2020** Psi Chi Mamie Phipps Clark Diversity Research Grant awarded to Anne Maheux
- 2020** APAGS/Psi Chi Junior Scientist Fellowship awarded to Savannah Roberts
- 2020** National Science Foundation Graduate Research Fellowship awarded to Anne Maheux
- 2019** APAGS/Psi Chi Junior Scientist Fellowship awarded to Anne Maheux

PUBLICATIONS

* Indicates student/advisee author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

50. *Maheux, A. J., *Zhou, Y., Thoma, B. C., Salk, R. H., & **Choukas-Bradley, S.** (in press). Examining sexual behavior among U.S. transgender adolescents. *Journal of Sex Research*.
49. Galla, B. M., **Choukas-Bradley, S.**, Fiore, H. M., & Esposito, M. V. (in press). Values-alignment messaging boosts adolescents' motivation to control social media use. *Child Development*.
48. *†Maheux, A. J., *†Bryen, C. P., *Carrino, E. A., Stewart, J. L., Widman, L., & ^**Choukas-Bradley, S.** (in press). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay & Lesbian Mental Health*.
†First authorship for this paper is shared.
47. Hamilton, J. L., Do, Q., Ladouceur, C. D., **Choukas-Bradley, S.**, & Silk, J. S. (in press). Where it hurts the most: Peer interactions on social media and in person are differentially associated with emotional reactivity and sustained affect among adolescent girls. *Journal of Abnormal Child Psychology*.
46. Thoma, B. C., & **Choukas-Bradley, S.** (in press). Mental health of transgender adolescents around the globe: A call for comprehensive assessment of gender identity. *JAMA Network Open*.
45. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (in press). Sleep among gender minority adolescents. *SLEEP*.
44. **Choukas-Bradley, S.**, Hipwell, A. E., *Roberts, S. R., *Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, 48, 1649–1658.
<https://doi.org/10.1007/s10802-020-00699-4>
43. †Salk, R. H., †Thoma, B. C., & †**Choukas-Bradley, S.** (2020). The Gender Minority Youth Study: Overview of methods and social media recruitment of a nationwide sample of U.S. cisgender and transgender adolescents. *Archives of Sexual Behavior*. Advance online publication. doi: 10.1007/s10508-020-01695-x
†First authorship for this paper is shared.
42. Espinosa-Hernandez, G., **Choukas-Bradley, S.**, van de Bongardt, D., & Van Dulmen, M. (2020). Romantic relationships and sexuality in diverse adolescent populations: Introduction to the special issue. *Journal of Adolescence*, 83: 95-99. doi: <https://doi.org/10.1016/j.adolescence.2020.07.002>

41. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Galla, B. M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body Image, 33*: 164-174. <https://doi.org/10.1016/j.bodyim.2020.02.017>
40. **Choukas-Bradley, S.** & Nesi, J. (2020). Applying developmental theory to adolescent peer influence processes in the social media context. In N. van Zalk & C. Monks (Eds.), *Online Peer Engagement in Adolescence: Positive and Negative Aspects of Online Social Interaction*. Abingdon, UK: Routledge. <https://doi.org/10.4324/9780429468360>
39. Widman, L., Evans, R., & **Choukas-Bradley, S.** (2020). More meta-analytical explorations on adolescent sexual health interventions are needed—A reply. *JAMA Pediatrics, 174*: 390-391. Doi: 10.1001/jamapediatrics.2019.5894
38. *Maheux, A. J., & **Choukas-Bradley, S.** (in press). Sexuality and mental health in emerging adulthood. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in Emerging Adulthood*. New York: Oxford University Press.
37. **Choukas-Bradley, S.** & Thoma, B. C. (in press). Mental health among LGBT youth. In W. I. Wong & D. VanderLaan (Eds.), *Gender and Sexuality Development: Contemporary Theory and Research*. New York: Springer.
36. Fox, K., **Choukas-Bradley, S.**, Salk, R. H., Marshal, M. P., & Thoma, B. C. (2020). Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity. *Journal of Consulting and Clinical Psychology, 88*: 402-415. Doi: 10.1037/ccp0000486
35. †Javidi, H., *†Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research*. Advance online publication. Doi: 10.1080/00224499.2019.1711009
†First authorship for this paper is shared.
34. Shensa, A., Sidani, J. E., Escobar-Viera, C. G., Switzer, G. E., Primack, B., & **Choukas-Bradley, S.** (2020). Emotional support from social media and in-person relationships: Associations with depressive symptoms among young adults. *Journal of Affective Disorders, 260*: 38-44. Doi: 10.1016/j.jad.2019.08.092
33. Widman, L., Kamke, K., Evans, R., Stewart, J. L., **Choukas-Bradley, S.**, & Golin, C. E. (2020). Feasibility, acceptability, and preliminary efficacy of an online sexual health program for adolescents. *Journal of Sex Research, 57*, 145-154. Doi: 10.1080/00224499.2019.1630800
32. *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **Choukas-Bradley, S.** (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence, 78*: 62-66. <https://doi.org/10.1016/j.adolescence.2019.12.002>

31. Thoma, B. C., Salk, R. H., **Choukas-Bradley, S.**, Levine, M. D., Goldstein, T. R., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. *Pediatrics*. Advance online publication. Doi: 10.1542/peds.2019-1183
30. **Choukas-Bradley, S.**, Sheppard, C. S., Prinstein, M. J., & Abela, J. R. Z. (2019). A cross-cultural examination of peer status and social correlates in the United States and China. *Merrill-Palmer Quarterly*, 65, 423-446. Doi: 10.13110/merrpalmquar1982.65.4.0423
29. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. *Journal of Adolescence*, 77: 90-97. <https://doi.org/10.1016/j.adolescence.2019.10.006>
28. †Lazarus, S. A., †**Choukas-Bradley, S.**, Beeney, J., Byrd, A., Vine, V., & Stepp, S. D. (2019). Too much too soon? Borderline personality disorder symptoms and romantic relationship functioning in adolescence. *Journal of Abnormal Child Psychology*, 47: 1995-2005. Doi: 10.1007/s10802-019-00570-1
†First authorship for this paper is shared.
27. Widman, L., Evans, R., Javidi, H., & **Choukas-Bradley, S.** (2019). Assessment of parent-based interventions for adolescent sexual health: A systematic review and meta-analysis. *JAMA Pediatrics*, 73: 866-877. doi:10.1001/jamapediatrics.2019.2324
26. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2019). Camera-ready: Young women's appearance-related social media consciousness. *Psychology of Popular Media Culture*, 8(4), 473-481. doi:http://dx.doi.org.pitt.idm.oclc.org/10.1037/ppm0000196
25. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Noar, S. M. (2019). Examining the role of self-objectification and appearance expectations in young women's indoor tanning behavior. *Sex Roles*, 80: 52-62. <https://doi.org/10.1007/s11199-018-0913-9>
24. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health*, 62: 651-660. doi: 10.1016/j.jadohealth.2018.02.007
23. Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*, 21: 267-294. <https://doi.org/10.1007/s10567-018-0261-x>
22. Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*, 21: 295-319. <https://doi.org/10.1007/s10567-018-0262-9>
21. Trinh, S., & **Choukas-Bradley, S.** (2018). "No messages needed – just pats on the back":

Exploring young men's reports of male and female friends' sexual communications.
Psychology of Men and Masculinity, 19: 430-438. <https://doi.org/10.1037/men0000113>

20. Eckstrand, K. L., **Choukas-Bradley, S.**, Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience*, 27, 1-9. <https://doi.org/10.1016/j.dcn.2017.07.004>
19. Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2017). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence*, 27(2), 471-477. doi:<http://dx.doi.org/10.1111/jora.12274>.
18. Widman, L., **Choukas-Bradley, S.**, Noar, S. M., Nesi, J., & Garrett, K. P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics*, 170(1), 52-61. doi: 10.1001/jamapediatrics.2015.2731
17. Higgins, M. K., **Choukas-Bradley, S.**, Crowder, E. E., & Bardone-Cone, A. M. (2016). Examining moderators of the relation between body consciousness during sexual activity and disordered eating. *Advances in Eating Disorders*, 4:1, 31-46, doi: 10.1080/21662630.2015.1081074
16. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2016). Adolescent susceptibility to peer influence in sexual situations. *Journal of Adolescent Health*, 58(3), 323-329. doi:10.1016/j.jadohealth.2015.10.253
15. **Choukas-Bradley, S.**, Giletta, M., Cohen, G. L., & Prinstein, M. J. (2015). Peer influence, peer status, and prosocial behavior: An experimental investigation of peer socialization of adolescents' intentions to volunteer. *Journal of Youth and Adolescence*, 44(12), 2197-2210. doi:10.1007/s10964-015-0373-2
14. Helms, S. W., Gallagher, M., Calhoun, C. D., **Choukas-Bradley, S.**, Dawson, G. C., & Prinstein, M. J. (2015). Intrinsic religiosity buffers the longitudinal effects of peer victimization on adolescent depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*, 44, 471-479. doi: 10.1080/15374416.2013.865195
13. **Choukas-Bradley, S.**, Goldberg, S. K., Widman, L., Reese, B. M., & Halpern, C. T. (2015). Demographic and developmental differences in the content and sequence of adolescents' ideal romantic relationship behaviors. *Journal of Adolescence*, 45, 112-126. doi:10.1016/j.adolescence.2015.08.019
12. Youngstrom, E. A., **Choukas-Bradley, S.**, Calhoun, C. D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice*, 22, 20-35. doi:10.1016/j.cbpra.2013.12.005
11. **Choukas-Bradley, S.**, Giletta, M., Neblett, E. W., & Prinstein, M. J. (2015). Ethnic differences in

associations among popularity, likeability, and trajectories of adolescents' alcohol use and frequency. *Child Development*, 86, 519-535. doi: 10.1111/cdev.12333

10. Helms, S. W., **Choukas-Bradley, S.**, Widman, L., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2014). Adolescents misperceive and are influenced by high-status peers' health risk, deviant, and adaptive behavior. *Developmental Psychology*, 50, 2697-2714. doi:10.1037/a0038178
9. Reese, B. M., **Choukas-Bradley, S.**, Herring, A. H., & Halpern, C. T. (2014). Correlates of adolescent and young adult sexual initiation patterns. *Perspectives on Sexual and Reproductive Health*, 46, 211-221. doi: 10.1363/46e2214
8. **Choukas-Bradley, S.**, Giletta, M., Widman, L., Cohen, G. L., & Prinstein, M. J. (2014). Experimentally measured susceptibility to peer influence and adolescent sexual behavior trajectories: A preliminary study. *Developmental Psychology*, 50, 2221-2227. doi:10.1037/a0037300
7. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., Golin, C. E., & Prinstein, M. J. (2014). Sexual communication between early adolescents and their dating partners, parents, and best friends. *Journal of Sex Research*, 51, 731-741. doi: 10.1080/00224499.2013.843148
6. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. B. (2014). Adolescent sexual health communication and condom use: A meta-analysis. *Health Psychology*, 33, 1113-1124. doi:10.1037/hea0000112
5. Rancourt, D., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2014). An experimental examination of peers' influence on adolescent girls' intent to engage in maladaptive weight-related behaviors. *International Journal of Eating Disorders*, 47, 437-447. doi:10.1002/eat.22258
4. Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health*, 54, 612-614. doi:10.1016/j.jadohealth.2013.12.009
3. **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Peer relations and the development of psychopathology. In M. Lewis & K. D. Rudolph (Eds.), *Handbook of Developmental Psychopathology* (3rd ed.). New York: Springer.
2. Prinstein, M. J., **Choukas-Bradley, S.**, & Guan, K. (2012). Deciding to apply and successfully gaining admission to graduate schools in psychology. In M. J. Prinstein (Ed.), *The portable mentor: Expert guide to a successful career in psychology* (2nd ed.) New York: Springer.
1. Prinstein, M. J., **Choukas-Bradley, S.**, Helms, S. W., Brechwald, W. A., & Rancourt, D. (2011). High peer popularity longitudinally predicts adolescent health risk behavior, or does it? An examination of linear and quadratic associations. *Journal of Pediatric Psychology*, 36, 980-990. doi:10.1093/jpepsy/jsr053

MANUSCRIPTS CURRENTLY UNDER REVIEW

* Indicates student/advisee author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

15. †Giletta, M., †**Choukas-Bradley, S.**, Maes, M., Linthicum, R., Card, N. A., & Prinstein, M. J. (manuscript invited for resubmission). A meta-analysis of longitudinal peer influence effects in childhood and adolescence.
†First authorship for this manuscript is shared.
14. *Maheux, A. J., *Roberts, S. R., Evans, R., Widman, L., & ^**Choukas-Bradley, S.** (manuscript invited for resubmission). Associations among pornography consumption and self-objectification, body shame, and body comparison in U.S. high school adolescents.
13. *Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. T., Levine, M. D., & ^**Choukas-Bradley, S.** (manuscript invited for resubmission). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth.
12. Thoma, B. C., Rezeppa, T. L., **Choukas-Bradley, S.**, Salk, R. H., & Marshal, M. P. (manuscript invited for resubmission). Disparities in childhood abuse experiences between transgender and cisgender adolescents.
11. Hamilton, J. L., Nesi, J., & **Choukas-Bradley, S.** (manuscript invited for resubmission). Re-examining adolescent social media use and well-being in the era of COVID-19: A theoretical review and directions for future research.
10. *Roberts, S. R., Salk, R. H., Thoma, B. T., *Romito, M., Levine, M. D., & ^**Choukas-Bradley, S.** (manuscript invited for resubmission). Disordered eating disparities between transgender and cisgender adolescents.
9. Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (manuscript invited for resubmission). Selfie appearance investment and peer feedback concern: A multi-method investigation of adolescent selfie practices and psychosocial adjustment.
8. *Carrino, E. A., *Bryen, C. P., *Maheux, A. J., Stewart, J. L., *Roberts, S. R., Widman, L., & ^**Choukas-Bradley, S.** (manuscript under review). Equal rights or special treatment? An investigation of U.S. adolescents' definitions of "feminist."
7. Evans, R., Widman, L., Brasileiro, J., *Maheux, A. J., & **Choukas-Bradley, S.** (manuscript under review). Examining the link between sexual self-concept and sexual communication among adolescents.

6. Ma, J., Korpak, A. K., **Choukas-Bradley, S.**, & Macapagal, K. (manuscript under review). Patterns of online relationship seeking among transgender and gender diverse (TGD) adolescents: Advice for others and common inquiries.
5. **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. (manuscript under review). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in adolescent girls during COVID-19.
4. Widman, L., Javidi, H., *Maheux, A. J., Evans, R., Nesi, J., & **Choukas-Bradley, S.** (manuscript under review). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, porn, and seeking relationships online.
3. *Roberts, S. R., *Maheux, A. J., *Ladd, B. A., & **Choukas-Bradley, S.** (invited book chapter under review). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press.
2. Nesi, J., Dredge, R., *Maheux, A. J., *Roberts, S. R., Fox, K. A., & **Choukas-Bradley, S.** (invited book chapter under review). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
1. Rezeppa, T. L., *Roberts, S. R., *Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., & Thoma, B. C. (manuscript under review). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls.

CONFERENCE PRESENTATIONS

* Indicates student/advisee author mentored by Dr. Choukas-Bradley.

^Indicates Dr. Choukas-Bradley served as mentoring author.

65. *Maheux, A. J., *Roberts, S. R., Widman, L., Nesi, J., & **Choukas-Bradley, S.** (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness*. Posted presentation at the Society for Personality and Social Psychology annual convention.
64. *Roberts, S. R., *Ladd, B. A., *Maheux, A. J., & **Choukas-Bradley, S.** (2021, February). *The effect of the thin and muscular ideal on adolescents' body image*. Poster presentation at the Society for Personality and Social Psychology annual convention.
63. Bibby, E. S., Widman, L., Turpyn, C., **Choukas-Bradley, S.**, Nesi, J., Prinstein, M.J., & Telzer, E. H. (2021, February). *A multi-wave assessment of ethnic and gender differences in adolescents' sexual communication with parents, peers, and partners*. Poster presentation at the Society for Personality and Social Psychology annual convention.
62. *Ladd, B. A., *Maheux, A. J., *Roberts, S. R., *Bryen, C. P., *Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & **Choukas-Bradley, S.** (2020, November). *Exploring*

sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis. Poster presentation at the Society for the Scientific Study of Sexuality virtual conference.

61. Evans, R., Widman, L., Brasileiro, J., *Maheux, A., Spiva, S., & **Choukas-Bradley, S.** (2020, November). Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents. Brief presentation at the Society for the Scientific Study of Sexuality virtual conference.
60. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020, May). Sleep among transgender and cisgender adolescents. Published research abstract, *SLEEP*. <https://doi.org/10.1093/sleep/zsaa056.355>
59. **Choukas-Bradley, S.**, Thoma, B. C., Salk, R. H., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2020, April). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. In *Innovative Interventions to Improve Health Outcomes among Sexual and Gender Minority Youth: from Conceptualizing to Testing*. Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
58. Escobar-Viera, C., Sidani, J., Shensa, A., Shaaban, S., **Choukas-Bradley, S.**, & Rollman, B. (2020, April). Optimizing social media use and reducing social isolation among rural sexual and gender minority adolescents: Study design and preliminary acceptability results. In *Innovative Interventions to Improve Health Outcomes among Sexual and Gender Minority Youth: from Conceptualizing to Testing*. Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
57. **Choukas-Bradley, S.**, *Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D. (2020, March). Exploring transgender adolescents' body image concerns: Semi-structured interviews with nine gender minority youth. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
56. *Roberts, S. R., Salk, R. H., *Romito, M., Thoma, B. C., Levine, M. D., & **Choukas-Bradley, S.** (2020, March). Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
55. Thoma, B. C., **Choukas-Bradley, S.**, Rezeppa, T., Salk, R. H., & Marshal, M. P. (2020, March). Disparities in childhood emotional, physical, and sexual abuse between transgender and cisgender adolescents in the United States. In S. Choukas-Bradley (Chair), *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple*

Methodological Approaches. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

54. *Drexler, S. A., *Maheux, A. J., Widman, L., & ^**Choukas-Bradley, S.** (2020, March). *Adolescent feminist identification and condom use intentions*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
53. *Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D., & **Choukas-Bradley, S.** (2020, April). Exploring transgender adolescents' body image concerns and disordered eating. Poster at the annual meeting of the Midwestern Psychological Association, Chicago, IL (Conference canceled).
52. *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & ^**Choukas-Bradley, S.** (2020, March). *Adolescent sexting: The role of peer influence and perceptions of peer norms*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
51. Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck (Chair), *Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health*. Symposium at annual meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
50. Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (2020, March). *Adolescent sexual communication and behavior in the digital age: Sexting, porn, and using social media to meet partners*. Paper at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
49. *Zhou, Y., *Maheux, A. J., Thoma, B. C., Salk, R. H., & ^**Choukas-Bradley, S.** (2020, March). *Sexual behavior of gender minority adolescents in the United States*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
48. *Henry, H. R., *Maheux, A. J., Thoma, B. C., Salk, R. H., *Ladd, B. A., & ^**Choukas-Bradley, S.** (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
47. *Maheux, A. J., Widman, L., & ^**Choukas-Bradley, S.** (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
46. *Roberts, S. R., *Maheux, A. J., *Bryen, C. P., *Carrino, E. A., Salk, R. H., Thoma, B. C., & ^**Choukas-Bradley, S.** (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of*

gender minority adolescents' perceptions of feminism. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

◆ Received the Student Poster Award

45. *Maheux, A. J., *Carrino, E. A., *Bryen, C. P., *Zhou, Y., & ^**Choukas-Bradley, S.** (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
44. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019, November). *Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years*. Oral presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
43. Javidi, H., *Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2019, November). *Understanding adolescents' attitudes toward affirmative consent*. Brief presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
42. Thoma, B.C., Salk, R.H., **Choukas-Bradley S.**, Goldstein, T.R., Levine, M.D., & Marshal, M.P. (July 2019). *Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey*. Oral presentation at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
41. Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (July, 2019). *Adolescent sexual behavior and communication in the digital age: Sexting, porn, and using social media to meet partners*. Brief communication talk presented at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
40. **Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2019, March). Social media and self-objectification: Examining the implications for adolescents' body image and mental health. In K. Burnell (Chair), *Social Media Use and Adolescent Adjustment: Considering Quality Over Quantity*. Symposium presented at biannual meeting of Society for Research in Child Development, Baltimore, MD.
39. *Bryen, C. P., *Carrino, E. A., *Maheux, A. J., Stewart, J. L., Widman, L., & ^**Choukas-Bradley, S.** (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
38. *Carrino, E. A., *Bryen, C. P., *Maheux, A. J., Stewart, J. L., Widman, L., & ^**Choukas-Bradley, S.** (2019, March). *"They want equal rights, but...": A mixed methods investigation of adolescents' conceptions of feminism*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
37. *Maheux, A. J., Evans, R., Widman, L., ^**Choukas-Bradley, S.**, & Prinstein, M. J. (2019, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms*. Poster

presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.

36. **Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2018, October). *Social media self-objectification: Associations with adolescents' body image and mental health*. Flash talk and poster presented at the second Digital Media and Developing Minds conference; Children and Screens: Institute of Digital Media and Child Development; Cold Springs Harbor Laboratory, Long Island, NY.
35. Giletta, M., **Choukas-Bradley, S.**, Maes, M., Linthicum, R, Card, N.A., & Prinstein, M.J. (2018, September). When and to what extent do peers influence youth behavior? A review and meta-analysis of peer influence effects in childhood and adolescence. In Schultz, S. (Chair), *Meta-analytic approaches to social relationships and interactions in adolescence*. Symposium presented at the European Association for Research on Adolescence, Ghent, Belgium.
34. **Choukas-Bradley, S.**, Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18*. Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
33. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018, July). *Technology-based interventions to reduce STIs and unintended pregnancy among youth: A meta-analysis*. Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
32. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and Tech: Spill-over of Adolescents' Digital Technology Use to Offline behaviors and Wellbeing*. Symposium presented at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
31. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2018, April). *Social media and self-objectification in adolescent girls and young women*. Oral presentation at the Playing with Childhood in the Twenty-First Century conference at the University of Pittsburgh, Pittsburgh, PA.
30. Nesi, J., & **Choukas-Bradley, S.** (2017, October). Social media as a unique context for adolescent sexual behavior. In C. Catarozoli (Chair), *Sexting and Social Media: Risk-Taking Behavior in the 21st Century*. Symposium presented at annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.
29. Widman, L., Stewart, J. L., **Choukas-Bradley, S.**, Nesi, J., & Prinstein, M. J. (2017, July). *Having "the talk": A multi-wave assessment of parent-adolescent sexual communication*. Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.

28. **Choukas-Bradley, S.**, Hipwell, A. E., & Stepp, S. D. (2017, June). *Symptoms of depression increase girls' trajectories of sexual risk behavior from ages 14 to 18 (but not the reverse)*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.
27. **Choukas-Bradley, S.**, & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms*. Symposium presented at biannual meeting of Society for Research on Child Development, Austin, TX.
26. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women*. Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.
25. Rofey, D., **Choukas-Bradley, S.**, & Sequeira, G. (2016, September). *Weight concerns in transgender youth*. Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA.
+Presenting authors
24. **Choukas-Bradley, S.**, Hipwell, A. E., & Stepp, S. D. (2016, June). *Adolescent girls' borderline personality disorder symptoms increase rate of sexual risk behavior from ages 14 to 18*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.
23. **Choukas-Bradley, S.**, Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
22. Nesi, J., Giletta, M., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
21. Trinh, S., & **Choukas-Bradley, S.** (2016, April). "No messages needed – just pats on the back": *Exploring young men's reports of male and female friends' sexual communications*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
20. Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2016, April). *Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.

19. Widman, L., **Choukas-Bradley, S.**, Prinstein, M. J. (2015, August). *Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach*. Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.
18. Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, November). *Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach*. Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.
17. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis*. Paper presented at annual meeting of International Academy of Sex Research, Dubrovnik, Croatia.
16. Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine, Philadelphia, PA.
15. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine, Philadelphia, PA.
14. **Choukas-Bradley, S.**, Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
13. Giletta, M., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
12. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
11. **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.

10. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.
9. Reese, B. M., **Choukas-Bradley, S.**, & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns*. Paper presented at annual meeting of Population Association of America, New Orleans, LA.
8. **Choukas-Bradley, S.**, Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence*. Symposium presented at biannual meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.
7. **Choukas-Bradley, S.**, Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression*. Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
6. **Choukas-Bradley, S.**, Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The moderating role of impulsivity*. Poster presented at biannual meeting of Society for Research in Child Development, Montreal, Canada.
5. **Choukas-Bradley, S.**, Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories*. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.
4. Brechwald, W. A., **Choukas-Bradley, S.**, & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts*. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.
3. **Choukas-Bradley, S.**, & Prinstein, M. J. (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity*. Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
2. **Choukas-Bradley, S.**, Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C. (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context*. Poster presented at biannual meeting of Society for Research in Child Development, Denver, CO.

1. **Choukas-Bradley, S.**, Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L. (2008, March). *Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth*. Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

CHAired SYMPOSIA, PANEL DISCUSSIONS, AND INVITED DISCUSSANT

- Panelist* in K. Nelson (Chair): *Practical and Ethical Considerations for Conducting Online Research Among Sexual and Gender Minority Youth*. Panel at the annual conference of the Society of Behavioral Medicine, San Francisco, CA, April 2020 (Conference canceled).
- Chair* of symposium: *Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California, March 2020 (Conference canceled).
- Discussant* in K. Flannery (Chair): *#PeerProblems: Examining the Role of Social Media in Transforming Peer Experiences and Influencing Adolescent Adjustment*. Symposium presented at biannual meeting of Society for Research in Child Development, Baltimore, MD, March 2019.
- Panelist* in J. R. Pemberton (Chair): *Getting Published as a Student or Early Professional: Tips from Multiple Perspectives*. Professional development panel presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Washington, DC, November 2018.
- Panelist* in *The Power of Grit and Perseverance*. Forum session at the Women in Medicine & Science Forum, University of Pittsburgh, November 2018.
- Discussant* in M. K. Bookhout (Chair): *The Positive and Negative Roles of Peer Relations in Childhood Obesity*. Symposium presented at biannual meeting of Society for Research in Child Development, Austin, TX, April 2017.
- Chair* of symposium: *Messages Early Adolescents Receive About Sex: Parent, Peer, and Media Influences on Sexual Intentions and Behaviors*. Symposium conducted at biannual meeting of Society for Research on Adolescence, Austin, TX, April 2014.

TEACHING

Instructor of Record: Graduate Courses

Special Topics in Developmental Psychology: Social Influences on Adolescent Development

University of Pittsburgh
Fall 2019

Instructor of Record: Undergraduate Courses

Adolescence

University of Delaware
Fall 2020, Winter 2021

Adolescence

University of Pittsburgh

Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018

Abnormal Psychology

University of North Carolina at Chapel Hill

Fall 2014, Summer 2014, Summer 2013, Spring 2013, Fall 2012

Teaching Fellow: Graduate Courses

Ethics and Practice in Clinical Psychology, graduate level; *Spring 2014*

University of North Carolina at Chapel Hill; Faculty Instructor: Arlane Margolis, Ph.D.

Clinical Assessment, graduate level; *Spring 2013*

University of North Carolina at Chapel Hill; Faculty Instructor: Eric Youngstrom, Ph.D.

MENTORING & SUPERVISION

Graduate Student Advisor

Savannah Roberts: Fall 2019 – Present

*Ph.D. student: individualized cross-training in Clinical and Developmental Psychology
(University of Pittsburgh: 2019 – 2020; University of Delaware: 2020 – Present)*

Anne (Annie) Maheux: Fall 2018 – Present

*Ph.D. student: individualized cross-training in Developmental & Social Psychology
(University of Pittsburgh: 2018 – 2020; University of Delaware: 2020 – Present)*

Post-baccalaureate Trainee Research Advisor

Brianna Ladd: Fall 2019 – Present (full-time lab manager, University of Pittsburgh & University of Delaware)

Yiyao Zhou: Spring 2018 – Spring 2020 (part-time research assistant, University of Pittsburgh; subsequent position: Ph.D. Student in Counseling Psychology, Indiana University)

Madelaine Romito: Fall 2017 – Summer 2019 (part-time research assistant, University of Pittsburgh; subsequent positions: research assistant, University of Chicago Department of Psychiatry; Masters Student in Counseling, Northeastern Illinois University)

Chloe Bryen: Fall 2017 – Summer 2019 (full-time lab manager, University of Pittsburgh; subsequent position: Ph.D. Student in Clinical Psychology, Florida State University)

Emily Carrino: Fall 2017 – Summer 2019 (full-time lab manager, University of Pittsburgh; subsequent position: Ph.D. Student in Clinical Psychology, University of North Carolina at Chapel Hill)

Undergraduate Advisor (Directed Research & Volunteer Students)

University of Pittsburgh: Kendra Plummer (2019 – 2020); Laura Boyajian (2019 – 2020); Sarah Drexler (2019); Haley Henry (2019 – 2020); Uma Balaji (2018 – 2020); Megan Kundra

(2018 – 2020); Julia Friedman (2018 – 2019); Emma Stewart (2018 –2019); Evelyn Zamora-Vargas (2018); Madeline Rushlau (2017 –2018); Tori Blazinski (2017 –2018)

Honors Thesis Undergraduate Advisor

Laura Boyajian: 2019 – 2020, University of Pittsburgh

Dissertation Committees

Rebecca Meacham (Applied Developmental Psychology Ph.D. Program, University of Pittsburgh), 2019 –2020
(Chair: Brian Galla)

Ariel Shensa (Clinical & Translational Science Ph.D. Program, University of Pittsburgh), 2019 – 2020 (Chair: Brian Primack)

Comprehensive Examination Committees

Orma Ravindranath (Clinical Psychology, University of Pittsburgh), 2020 (Chair: Bea Luna)

Masters Thesis Committees

Christina Leckfor (Social Psychology, University of Pittsburgh), 2019 – 2020 (Chair: Ed Orehek)

Kirsten McKone (Clinical & Developmental Psychology, University of Pittsburgh), 2018 2019 (Chair: Jennifer Silk)

Honors Thesis Committees

University of Pittsburgh: Laura Boyajian: 2019 – 2020 (Chair: Sophia Choukas-Bradley); Jonah Buczewski, 2019 (Chair: Stephanie Stepp); Jasmine Pabla, 2019 (Chair: Michele Levine); Danielle Apple, 2018 (Chair: Jennifer Silk)

University of North Carolina: Caitlin Williams, 2012 (Chairs: Sophia Choukas-Bradley & Mitch Prinstein); Jacqueline Bonsu, 2012 (Chair: Mitch Prinstein); Kelsi Harris, 2012 (Chair: Mitch Prinstein); Ashley Mogul, 2012 (Chair: Mitch Prinstein); Jason Rights, 2012 (Chair: Mitch Prinstein)

Clinical Supervisor

Behavioral Couples Therapy Consultant (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision:* Don Baucom, Ph.D.

Cognitive Behavioral Couples Therapy Supervisor (2014-2015). Primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina. *Supervisor of supervision:* Don Baucom, Ph.D.

Child & Adult Psychotherapy Supervisor (2012-2014). Primary clinical supervisor for

graduate students conducting individual therapy with children and adults. University of North Carolina. *Supervisor of supervision*: Jennifer Kogos Youngstrom, Ph.D.

Assessment Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina. *Supervisor of supervision*: Jennifer Kogos Youngstrom, Ph.D.

Other Mentorship & Advising

Jacqueline Nesi, Ph.D.

K23 Consultant (funded), 2020-2025

Title: Social Media Use and Mechanisms of Suicide Risk in Adolescents

K23 MH122669-0

OTHER PROFESSIONAL ACTIVITIES AND SERVICE

Guest Editor: 2018-2020

Journal of Adolescence, Special Issue: Romantic Relationships and Sexuality in Adolescence. Co-editors: Manfred van Dulmen, Sophia Choukas-Bradley, Graciela Espinosa-Hernandez, Daphne van de Bongardt.

Ad-Hoc Peer Reviewer

Archives of Sexual Behavior

Body Image

Child Development

Children & Youth Services Review

Developmental Psychology

European J. of Developmental Psychology

Gender Issues

International J. of Behavioral Development

Journal of Abnormal Child Psychology

Journal of Adolescence

Journal of Adolescent Research

Journal of Applied Developmental Psychology

Journal of Clinical Child & Adolescent Psychology

Psychology

Journal of Child and Family Studies

Journal of Genetic Psychology

Journal of Experimental Child Psychology

Journal of Mental Health

Journal of Research on Adolescence

Pediatrics

PLOS ONE

Psychological Bulletin

Psychology of Popular Media Culture

Psychology of Women Quarterly

Sex Roles

Social Development

Social Problems

Social Science & Medicine – Population Health

Departmental & University Service

Founder & Faculty Advisor of the LGBTQ+ Affinity Group, University of Delaware Department of Psychological & Brain Sciences, 2020 – Present

Member of the Diversity Committee, University of Delaware Department of Psychological & Brain Sciences, 2020 – Present

Founder & Faculty Advisor of the LGBTQ+ Affinity Group, University of Pittsburgh Department of Psychology, 2018 – 2020

Member of the Psychology Equity, Inclusion, and Community (PEIC) Committee, University of Pittsburgh Department of Psychology, 2018 – 2020

Reviewer, University of Pittsburgh Office of Research Pitt Momentum Funds Grants, 2019

Reviewer, University of Pittsburgh Clinical and Translational Science Institute Grants, 2019

Lecturer, Diversity and Professional Issues course for clinical psychology trainees, University of Pittsburgh Department of Psychology, 2019, 2020

Lecturer, Developmental Processes course for PGY-4 psychiatry residents, University of Pittsburgh Department of Psychiatry, 2019, 2020

Reviewer, Western Psychiatric Institute & Clinic Research Review Committee, 2018, 2019

Reviewer, Western Psychiatric Institute & Clinic pre-doctoral clinical psychology internship program, 2016, 2017, 2018

Other Service to the Field

OpenStax Textbook Content Reviewer, 2020

American Psychological Association Division 7 Grant Reviewer, 2019

NSF Reviewer, 2019

Cengage Textbook Content, 2019

Templeton Foundation Grant Reviewer, 2019

American Psychological Foundation Grant Reviewer, 2018, 2019

Society for Research in Child Development Conference Submission Reviewer, 2018, 2020

Oxford University Press Book Proposal Reviewer, 2018

Professional Memberships

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 35: Society for the Psychology of Women

APA Division 46: Society for Media Psychology & Technology

APA Division 53: Society of Clinical Child and Adolescent Psychology

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Psychological Science (APS)

International Academy of Sex Research (IASR)

Society for Personality and Social Psychology (SPSP)

Society for Research in Child Development (SRCD)

Society for Research on Adolescence (SRA)

Society for a Science of Clinical Psychology (SSCP)

Invited Talks

Camera-ready: Social media, body image, and mental health in teens. In Children and Screens Webinar: *Picture Perfect? Teens, Media, and Social Comparison*. Invited speaker and panelist, November 2020.

Fireside chat, Character Lab Convening. Invited speaker, July 2020.

Camera-ready: Gender, social media, and adolescents' body image. Invited speaker for Adolescent Medicine Lecture Series, University of Pittsburgh, February 2019.

Gender, media, and wellbeing in adolescence. Invited Psi Chi Induction Speaker, University of Pittsburgh. November 2018.

Social media use in adolescence. Invited speaker at the University of Pittsburgh Psychology Club. October 2018.

Adolescence in 90 seconds. Invited to give videotaped YouTube "flash class" for Dietrich School of Arts and Sciences, University of Pittsburgh. October 2018. Available at <https://www.youtube.com/watch?v=kBNiPvMKoI0>

Social status, social influence, and social media: Implications for adolescents' mental health and wellbeing. Invited speaker at the University of Pittsburgh Social Psychology Program Brownbag Series. November 2017.

Media influences on body image, mental health, and wellbeing. Invited speaker at the UNC Women Experiencing Learning & Leadership community (W.E.L.L.). November 2014.

Eating disorders: Symptoms, impact, and misconceptions. Invited speaker at the UNC Substance-Free Living Community. October 2014.

A brief introduction to abnormal psychology and clinical psychology. Invited speaker at Hillside New Tech High School. September 2014.

Understanding peer influence of adolescent sexual risk behavior. Invited speaker at the UNC Center for AIDS Research Community Advisory Board Meeting. (Co-presenter: Laura Widman.) May 2014.

Media influences on adolescents' and young adults' body image and disordered eating. Invited speaker at the UNC Substance-Free Living Community. October 2013.

Mixed messages: Media influences on adolescents' mental health and wellbeing. Invited speaker at the Governor School. July 2013.

SELECTED MEDIA COVERAGE

"Measuring the effect of social media on body image" (2020, June 2). **Top of Mind with Julie Rose.** Retrieved from <http://www.byuradio.org/episode/6e5168ca-cf9a-4ca6-be84-95068613277b/top-of-mind-with-julie-rose-why-some-democracies-have-thrived-during-covid-19-avoid-afternoon-dr-appointments-nps-dive-team?playhead=5390&autoplay=true>

"Study highlights fluid sexual orientation in many teens" (2019, December 1). **Science Blog.** Retrieved from <https://scienceblog.com/512398/study-highlights-fluid-sexual-orientation-in-many-teens/>

“Local psychology experts say removal of Instagram likes is ‘step in the right direction’ (2019, November 21). **CBS Pittsburgh (KDKA)**. Retrieved from <https://pittsburgh.cbslocal.com/2019/11/21/psychology-experts-instagram-likes/>

“Pitt study finds large number of transgender teens have suicidal thoughts” (2019, October 15). **WESA: Pittsburgh’s NPR News Station**. Retrieved from <https://www.wesa.fm/post/pitt-study-finds-large-number-transgender-teens-have-suicidal-thoughts#stream/0>

“What happens when parents talk to kids frankly about sex?” (2019, July 29). **U.S. News and World Report**. Retrieved from <https://www.usnews.com/news/health-news/articles/2019-07-29/what-happens-when-parents-talk-to-kids-frankly-about-sex>

“Children whose parents teach them about sex are less at risk of STIs and unwanted pregnancy because ‘they’re better at using condoms.’” (2019, July 29). **The Daily Mail**. Retrieved from <https://www.dailymail.co.uk/health/article-7297503/Children-parents-teach-sex-better-using-condoms.html>

“Talking with both daughters and sons about sex.” (2017, January 11). **New York Times**. Retrieved from <https://mobile.nytimes.com/2017/01/11/well/family/talking-about-sex-with-daughters-and-sons.html>

“Internet-addled teens are worse at awkward, necessary dating conversations.” (2016, July 1). **New York Magazine**. Retrieved from <http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html>

“The more parents talk to teens about sex, the safer their sex will be.” (2015, November 2). **Huffington Post**. Retrieved from http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_us_5637a6dfe4b00aa54a4eaea

“Alas, you do have to talk to your teen about sex.” (2015, November 2). **TIME**. Retrieved from <http://time.com/4094495/alas-you-do-have-to-talk-to-your-teen-about-sex>

“The sex talk works, even if it makes you cringe.” (2015, November 2). **NBC News**. Retrieved from <http://www.nbcnews.com/health/sexual-health/sex-talk-works-even-if-it-makes-you-tinge-n455981>

“Sex, drugs, and pluralistic ignorance: Why smart groups do dumb things.” **The Atlantic**. (2015, January 9). Retrieved from <https://www.theatlantic.com/national/archive/2015/01/sex-and-drugs-and-high-school-but-also-social-psychology/384339/>

“The popular crowd is having less sex and doing fewer drugs than high schoolers think.” **Business Insider**. (2015, January 9). Retrieved from <http://www.businessinsider.com/the-popular-crowd-is-having-less-sex-and-doing-less-drugs-than-high-schoolers-think-2015-1>